SoBolmCo

South Baltimos and South Baltimo

A publication of SBIC—the neighborhood association for South Baltimore

December 2007

Youth Council Hosts Congressman Sarbanes

Our South Baltimore Youth Council hosted a town hall meeting for Congressman John Sarbanes on November 10, 2007 at the Ella Bailey Recreation Center. The event was a huge success thanks to our teens. About thirty neighbors came to meet Congressman Sarbanes and ask him questions. Megan Wolfe of the Youth Council introduced our congressman to the gathering. The teens also asked some tough questions of Congressman Sarbanes. One question asked was if the teens were the future of this country, why don't teens have a voice in how government agencies make policy decisions. Congressman Sarbanes paused, and then explained that since the Youth Council had come to Washington to see him and now brought him to the community, that they were using their voice to make a difference. He was very deferential to the Youth Council, thanked them for their hard work setting up the event, and let them know they would remain on his radar screen. Congressman Sarbanes also fielded difficult questions from the adults on health care, the war in Iraq, and services for our returning veterans

 $(Congressman\ Sarbanes,\ Continued\ on\ page\ 4)$

Road closures, stadium events, weather emergencies...

Get the news by joining the SBIC email list. Point your internet browser to www.soboimco.org and click on the link that says "email list". We broadcast information as it happens.

REMINDER:

City offices will be closed on Tuesday, December 25th for Christmas. No trash will be collected.

Community Meeting

There is no General Meeting in December.

Please join us for our annual Holiday Party on December 11th at 6:30p.m at Don't Know Tavern, 1453 Light Street.

Recycling Days

Paper recycling is the 2nd & 4th Fridays, December 14th & 28th.



Bottles, Cans & Jars are the 2nd & 4th Mondays, December 10th & 24th

All recycling collected streetside

Get Out!

Leaf Collection Season October 4th—January 26, 2008

Use clear or labeled bags. Collection will be the 2nd collection day of each week (Fridays or Saturdays)

Festive Flavors of Federal Hill Tuesday, December 4th 6:00p.m.

Annual gallery, restaurant and pub tour. Tickets are \$50, and can be purchased at Vineyard Wine & Spirits.

Washington Monument Lighting Thursday, December 6th 5:30p.m.

Mt. Vernon Place

Downtown Dollar or Less Days December 8th & 9th

Each year for one weekend only, Downtown's top attractions reduce their admission to just \$1 or less. Visit www.godowntownbaltimore.com for more info

SBIC Annual Holiday Party Tuesday, December 11th 6:30p.m.

Don't Know Tavern 1453 Light Street

Gather with friends and neighbors for our annual Holiday Party and donation drive. See page 6 for more info.

Neighborhood Social Wednesday, December 19th 7:00p.m.—9:00p.m.

Junior's Wine Bar

1117 S. Charles Street

Take the opportunity to meet new neighbors and a great new restaurant. \$7 for members, \$10 for non-members, includes food, beer, wine & sodas. See page 4 for more info.

Neighborhood Cleanup Saturday, December 29th

Light & Heath Streets

No organized cleanup, just the dumpster and supplies.



SoBoImCo

SoBoImCo is a monthly production of the South Baltimore Improvement Committee, Inc. whose mission is "to encourage, through regular meetings, the formal exchange of ideas; to work with local law enforcement in promoting safety: and to assist individuals and families in the continuing process of neighborhood renewal." We welcome articles, ads and photo submissions via mail or email:

South Baltimore Improvement Committee P.O. Box 6364 Baltimore, MD 21230 eastenddesign@att.net

We reserve the right to edit or reject submissions. Articles represent the opinions of the authors and not necessarily those of SoBo-ImCo. We believe all sources of information are reliable, however, we do not guarantee completeness or accuracy.

Membership

Residents of South Baltimore are encouraged to become members of SBIC. Just contact an SBIC officer for more information.

Meetings

Community meetings of SBIC are usually held on the first Tuesday of every month at 7:30 p.m. at the Olive Branch United Methodist Church located at the corner of Charles Street and Fort Avenue.

Website

www.soboimco.org

In a Minute

By Jocelyn Rodgers

At the November General Meeting, we expected plans to be available soon. The had several presentations. Jason Zink, hearing at the Liquor Board for the lithe owner of No Idea Tavern, was there cense transfer was coming up soon in asking for SBIC's support for him having November, and he just wanted to introoutdoor table service along Heath Street duce himself and this project. This proat an upcoming BMZA hearing. The project is within Federal Hill Neighborhood posed agreement between Jason and Association's boundaries, and he is talk-SBIC was published in last month's ing with them also. newsletter, and SBIC voted to support No Idea's outdoor table service in con- Judy Meltem, the owner of the Garden junction with that agreement.

and Clarkson Streets. They plan to his- lems. torically preserve the warehouse build. She is working with the police officers, ing, but they are moving towards and she also hopes to work with SBIC to smaller, more affordable condo units clean up that corner. (now 52 units instead of 29). The number of bedrooms in the plans has essen- Officer Vaught (aka Butterbean) was tially stayed the same, but they have dou- also at the meeting. He noted that a bled the number of parking spaces. regular car thief is currently in jail, and There are upcoming re-zoning and that the state of the neighborhood is BMZA hearings on changes that would pretty good. He encouraged residents to allow this project. The space is currently continue calling into the police even if zoned as R-8, and they would like to it's the same issue on multiple days. have a different residential zoning to If you don't call, the officers probably allow this higher density project with don't know that there's a problem at that more affordable units.

Lounge, described a new project planned cember, and then come out to the Janufor the space at Banjara's. He and two ary meeting to hear all the presentations partners plan to renovate the space and and to hear what's going on in SBIC's create an upscale French bistro, includ- active committees. ing a restaurant, bar, and sommelier. He

Restaurant at Fort and Charles, came by to introduce herself to the residents. She Joe Wolman and Mike Burton presented is trying to the sell the place, and she is a change in plans for the project at Heath also trying to clean up the drug prob-

moment because they cover a broad area.

John Hargrove, the current owner of Sky Come join us at the holiday party in De-

Lots Happenings at the Light Street **Branch Library**

CHILDREN'S BOOK CHAT

Monday, December 3, 6 p.m. Ages 6-12.

Read and discuss Because of Winn-Dixie by Kate DiCamillo.

SMOOTH TEAZE - DOO-WOP FOR THE SEASON

Thursday, December 6, 6:30 p.m. Baltimore's newest singing sensation harmonizes with seasonal music and golden oldies.

HOLIDAY OPEN HOUSE

Monday, December 17, 6 p.m. Enjoy some Light Street cheer. DJ Larry McCov will have everyone dancing. Refreshments will be provided.

> Call 410-396-1096 to register for all programs

By Donnie Fair

More good things are happening for SBIC and the community it represents. We, as an association, continue to be on the forefront of the issues that are facing our community and we continue to set the standard for how a community represents itself. Most notably, in the last month alone, our Liquor Advisory Committee was recognized by both the Baltimore City Police Department as well as the Police & Community Relations Council for its organization to establish working relationships with liquor licensees to ensure a great quality of life in the neighborhood.

Congratulations to Al Evans and to his committee for helping SBIC to navigate the liquor laws and to establish the relationships and channels of communication to put us, the community, in a position of power to make the changes we want to see happen in our neighborhood. Al's continued perseverance is a testament to the dedication of the people working for the community. I'm glad that I helped establish our Liquor Advisory Committee over a year ago and I'm glad that Al continues to be a part of the team I'm working with.

If you want to be a part of this team that works together to take care of our neighborhood, please get in touch with me and let me know what you'd like to bring to the table. The continued success of SBIC and the continued progress of our neighborhood is a community effort. I am working with an excellent team and there is room on it for everyone.

Current SBIC Projects

Below are a few of the projects that SBIC is working on.

Greening and Re-Treeing Task Force

Peter Shapiro is leading the effort to plant more trees in South Baltimore. So far, he and his volunteers have cut 11 pits and have applications for 25 trees.

Homeless Task Force

The Federal Hill Neighborhood Association has organized a Homeless Task Force to address the increasing vagrancy in Federal Hill and South Baltimore. SBIC is aligning with FHNA to work in parallel with the Baltimore City Police Department and Health Department to mitigate this problem in South Baltimore.

Race Street Task Force

SBIC is looking for volunteers to join a Task Force that will work with CSX and the Baltimore City Department of Transportation to make capital improvements along Race Street. For residents on Race Street: Think sidewalk, curbing, fencing, lines on the street, etc.

Projects like these provide an excellent opportunity for you to get involved in the neighborhood without making a huge commitment. In general, these projects are focused on specific tasks, they have established goals, work within a predetermined scope, and usually require only a few hours of a person's time per month. If you have any questions about or interest in any one of these projects, please get in touch with Donnie Fair at donnie@soboimco.org or (443) 450-4700.

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OPEN

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The Youth Council prepared for this event by creating and distributing flyers and contacting the press. They determined that they wanted to share with the community by providing food after the town hall meeting. Hot dogs, hamburgers, coleslaw, and potato salad were prepared and served. Neighbors got to eat and spend one on one time with the Congressman. Prior to his arrival, the teens set up chairs, cleaned the Rec, and made a poster welcoming our congressman. At the end of the event, Congressman Sarbanes was treated to a tour of the Rec. The teens were amazing hosts to the

community and to Congressman Sarbanes. They worked really hard and had a very successful day.

(Congressman Sarbanes, Continued from page 1)

When the teens went to Washington DC this summer, they decided they wanted to see the inside of the Capitol building. Congressman Sarbanes' staff graciously provided a tour of the building on two hours notice. After the tour, the teens wanted to meet their congressman. He was unavailable, but his staff suggested that they invite him to South Baltimore. The teens took the staff up on their offer and invited Congressman Sarbanes to the Rec. It was with great pride and joy that our teens shared that opportunity with the community. We thank them.



The Youth Council with Congressman Sarbanes

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Social

Please join us on Wednesday, December 19th from 7:00p.m.-9:00p.m. for our Winter Social. The newlyopened Junior's Wine Bar will be showing off its menu of appetizers and gourmet pizzas for \$7 for SBIC members and \$10 for non-members, including beer, wine and sodas.

u WINE BAR

1117 S. Charles Street



Office 443-627-2900

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To join this dynamic office contact Paige Cosgrove for a confidential interview. 443-627-2911



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Sanitation & **Beautification**

By Amy Mutch

My responsibility as your beautification chair is lightened up a little as we LIGHT UP OUR NEIGHBORHOOD!! Yes, happy holidays to one and all in South Baltimore. Get out those lights and garlands to decorated your windows, doors, railings, and decks. Residents and visitors to our community will appreciate the festive experience as they walk our streets. We will bring in the New Year filled with hope for a bright fu-

As always we have arranged for a monthly dumpster provided by solid waste, Baltimore City. Saturday, December 29th the dumpster with be located at the corner of Light and Heath Streets. Due to the holidays we will not have an organized clean up but supplies will be present at the location and you may help yourself to bags, brooms, and shovels to clean your block. Cleaning up your leaves at curbside does help a lot to avoid trash accumulation. Parking is easier if the curbside is clean. Once snow and sleet begin to fall we have big messes if the leaves have not been removed! Everyone enjoys trees on their block so please take some time to care for the foliage.

My last comment is directed to the problems with the bocce ball court. Dog feces has filled up the park. We must temporarily close the park in order to clean up the mess left behind by a few irresponsible dog owners. As always a few have ruined the enjoyment of many! John Wood is helping SBIC develop a plan for future use. We will keep you informed of our progress. Anyone reading this article and feeling compelled to get involved please contact John Wood at lits3532@yahoo.com.

Annual Holiday Party & Donation Drive

Please join us on Tuesday, December 11th at 6:30p.m. for the SBIC Annual Holiday Party. The party will be hosted this year by Don't Know Tavern at 1453 Light Street, and food will be provided.

In keeping with our tradition of collection donations for local charities, this year we are supporting our neighbors at the South Baltimore Station, a men's resident drug recovery program at 140 W. West Street, and ask that you bring any of the following items for our donation drive. Please visit www.baltimorestation.org for more information about this program and the services they provide.

Food:

applesauce, non-perishables.

Toiletries:

syrup, peanut butter & jelly, combs, hairbrushes, soap, mittens, scarves, hats. shampoo, deodorant, mouthwash, razors.

Clothes (for men):

milk, meat, cereal, bread, cof-towels, washcloths, bed lin-socks, underwear, sleepwear, laundry detergent, dishwashfee, creamer, sugar, canned ens, pillows, blankets, pants, shirts, shoes, sweaters, ing liquid, hot pads, dish towpancake mix and toothbrushes, toothpaste, jackets, winter coats, gloves, els, aluminum foil, plastic

Household Supplies:

wrap, paper products.

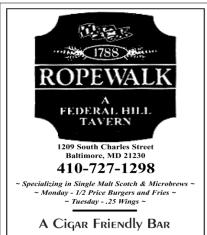
Youth Council

Youth Council Events for December

December 6, 2007 - Movie Night at the Inner Harbor Meet at the Rec at 6:30 p.m.

December 13, 2007 - Scavenger Hunt begins - teams will be hunting for clues all over South Baltimore. Cash prizes for the winning team. 7:00 p.m.

December 20, 2007 - Holiday Party at the Rec! 7:00 p.m.





Liquor Advisory Committee

By Al Evans

In response to the many complaints sent their ideas to the community at an about late-night problems in the Federal upcoming SBIC general meeting, and pro-Hill bar district, the Liquor Advisory actively answer or address any concerns Committee and Police/Community Rela- that residents may have. The letter was tions representative organized an well received and the spirit of coopera-'unusual' COP Walk which was held on tion is growing. November 3rd at lam in the business district. It had the highest attendance (30+ At November's SDPCRC meeting, Liquor people!) of any COP walk ever! We were Board Chairman Steve Fogleman and Dijoined by Major Mike McDonald and Of- rector Sam Daniels specifically recogficer Kevin Vaught, several members of nized SBIC for the work we have inthe Southern District Police & Commu- vested in our own community, as well as nity Relations Council, a Liquor Inspec- our work to help other neighbortor and numerous residents and bar own-hoods. Police Commissioner Frederick ers. It was enlightening as well as a great Bealefeld has also acknowledged our efsuccess!

partner with us in further improving our spond based on complaints to 311. South Baltimore community. We asked that they provide us with a minimum Great things can be accomplished if we thirty (30) day advance notice of any re- work together! I welcome any comments quest for license expansion or extension or suggestions, and encourage you to feel requests, as well as any participation in free to contact me at any time via email at "pub crawls". This will allow sufficient al@soboimco.org or by phone at 410-935time to meet to discuss their plans, pre- 1295.

To continue our mission of promoting a Effective October 15th, 2007, if you are positive relationship between residents having problems with a liquor establishand liquor licensees in our neighborhood, ment in your neighborhood, please call I recently sent a letter to all SBIC liquor 311. You can also go on line at the 311 web licensees to introduce myself and reach page for Liquor Board/Adult Entertainout to them 'be a good neighbor' and ment complaints. Inspectors will re-

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Fri:



B'more Green

By Nicole Killion, RN, bmoregreen@yahoo.com

We all know what antibiotics are, but have you heard of probiotics? Antibiotics are "anti" bacteria, while probiotics are "pro" bacteria. Now you may be wondering why would anyone want to be pro-bacteria? As it turns out, not all bacteria are bad, and lots of the good ones actually live inside of us.

Your intestinal tract is full of bacteria, about three pounds worth! These good bacteria are collectively called beneficial intestinal flora. These intestinal flora play a crucial role in human health. Some doctors believe that about 90% of our immunity originates in our gut. These intestinal flora line our entire digestive tract, providing a physical barrier against pathogens (bad microorganisms), undigested food particles and toxins. They produce antibiotic, anti-viral and anti-fungal substances, neutralize a variety of toxins and absorb some carcinogens. The

beneficial flora also help us digest certain foods, like fiber and milk, and synthesize vitamin K and B vitamins.

Along with all the good bacteria in our digestive tract, there are also bad bacteria. All the bacteria must compete for food and space. A healthy digestive tract will have more good bacteria, and due to the limited food and space, the bad bacteria can't overpopulate the gut. This is called "bacterial competition."

Sadly, most of us don't have enough beneficial flora in our intestines. If you've ever taken an antibiotic, it killed all the good and bad bacteria in your intestines. Afterwards, your intestines had to repopulate with bacteria. There is no guarantee that the good bacteria won the bacterial competition unless you eat a lot of fermented foods. If you have any sort of intestinal problems, such as bloating, irregular bowel

movements, poor digestion, gas, or abdominal cramps, your intestinal flora is most likely out of balance. If you're on birth control pills or steroid medications, your good bacterial populations have been harmed.

So how do you repopulate your gut with beneficial flora? You can take a probiotic supplement. Make sure that the cultures are guaranteed to be alive at the time of delivery, not at the time of manufacture. You should also include plenty of fermented foods in your diet, preferable on a daily basis. These foods include yogurt, kefir, sauerkraut (made the traditional way), hard cheeses, cultured cream, cottage cheese, cultured cream cheese, and natural sodas (like the recipes in last month's B'More Green). When you have to take an antibiotic, start taking a probiotic supplement during the course of therapy and continue afterwards as well.

Where are you eating tonight?



MON: \$4 CHEESESTEAKS

TUE: RIB NIGHT

\$10 HALF RACK w/2 sides

WED: STEAK NIGHT

\$12 12oz. NY STRIP w/2 sides

THU: HALF PRICE CRABCAKES





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1453 LIGHT STREET SoBo, MD 21230 • 410-539-0231 www.dontknowtavern.com If your parking has been impacted by the Hanover Street water main repairs and subsequent street closures, you can apply for a special parking decal through the Parking Authority. Please bring your current ID to 200 W. Lombard Street for the decal. This relief will only be offered to residents with current, valid RPP decals.

Play Ball!

Home Ravens games:

December 3—vs. New England Patriots December 9—vs. Indianapolis Colts December 30—vs. Pittsburg Steelers

Other Stadium Events:

December 1—Army-Navy Game December 6-8— MPSSAA

Save yourself a ticket and a tow and watch for restricted parking during stadium events in Area A and Area 30 parking zones.



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Baltimore Animal Rescue and Care Shelter,



301 Stockholm Street, Baltimore, Maryland 21230

BaltimoreAnimalShelter.org



Snowman, Domestic Shorthair, kennel # 97

Snowman hopes to be elsewhere come wintertime. He is a gentle giant with beautiful, amber eyes, who absolutely loves to be scratched under the chin. If you need some additional reasons why Snowman is the one for you, we've come up with this list:

Top 5 Reasons Snowman the Cat is better than Snowman Made of Snow

- 5. Won't melt
- 4. Is portable
- 3. Doesn't require vegetable accessories to look fabulous
- 2. Can be used as lap warmer
- 1. Is sweet and cuddly

2 years old as of arrival date. Brought to the shelter on 9/1.

Swebo, Jack Russell Terrier mix, kennel #83

Swebo is a cute little guy looking for love. He enjoys quiet cuddling and pets. He walks calmly on leash. While he enjoys the company of people, Swebo would probably do best as an only dog.



2 years old and 13.8 lbs as of arrival date. Brought to the shelter on 11/7/07 when he lost his way home.

To learn how to adopt these orphans, stop by BARCS at 301 Stockholm St (near Ravens' Stadium), phone 410-396-4695 or visit www.BaltimoreAnimalShelter.org

Keeping Your Pet Healthy During the Holidays

By Jill Shook, DVM—CityPets Veterinary Care & Wellness, jssdvm@aol.com

wrote this article for last year's holiday nervous system (CNS) depression. good review for everyone else.

The cold weather is upon us and the heart rate, trouble breathing, seizures, pet's normal diet, can cause GI upset. Be holiday season is quickly approaching. and coma. Death can occur in severe careful about treats and table scraps and Amid this busy season of shopping, bak- intoxication. (I would recommend us- caution any guests to not feed your pet ing, decorating, and visiting family and ing fake mistletoe.) If your pet has in- any of these "special treats". friends, there are some things to keep in gested any of these plants, and you nomind concerning your pets. There are tice symptoms, please make sure to seek Trees and Decorations: certain hazards, injuries, and poisonings veterinary assistance. seen in animals more commonly this time of year. Simply being aware of po- The Holiday Kitchen: tential problems and doing a little "pet There are many hazards in the holiday ous, particularly to cats. Since cats are proofing" around the house will go a kitchen, and most pets keep a watchful notorious for trying to climb trees, make long way toward heading off any probe eye during holiday baking and cooking, sure to stabilize it properly to avoid the lems.

Toxic Plants:

harmful or poisonous to pets. Below are other rich food are among many of the overly aggressive wagging tail. Place some of the more common ones encoun- culprits which cause problems. Choco- breakable ornaments out of your pet's tered this time of year.

ingesting the leaves and stems can result pets. Symptoms of chocolate toxicity or ribbon can be a choking hazard or in vomiting and/or diarrhea, and in- can range from vomiting and diarrhea, to cause an intestinal obstruction if increased salivation.

Christmas greens: All parts of these rhythmias, seizures, and death. Bones ered and tacked down because chewing plants are low toxicity, but can cause from turkey, chicken, ham, etc. can on electrical cords can result in electrovomiting and diarrhea after ingestion.

Holly: The leaves and berries have mod-

new readers and new pet owners and a very toxic, but especially the berries. bones, cooking bag and kitchen twine Vomiting and diarrhea are common, but which resulted in emergency surgery. other symptoms include changes in Table scraps, or any food that is not your

in hopes that a tasty morsel might drop tree falling over. cause gastrointestinal (GI) upset, chok- cution. ing, or intestinal obstruction, and should

For the three faithful readers I have you erate to severe toxicity. Symptoms in not be given to pets. A friend of mine may recognize this article as a repeat. I clude vomiting, diarrhea and central accidentally left the trash can unattended during Thanksgiving dinner, and season but decided it's a good one for Mistletoe: All parts of this plant are her small terrier ingested the turkey

"Decking the Halls" can provide some hazards as well. Christmas trees and glass ornaments can prove to be danger-In the past I have on the floor. Many foods can cause seri- wired ornaments to the tree with floral ous illness and danger to our four legged wire to prevent my large dog from There are several plants that can be friends. Baked goods, ham, turkey, and knocking off the ornaments with his late of all kinds, but especially semi- reach to avoid cuts from broken glass. Poinsettia: Low toxicity, chewing or sweet and baking chocolate, is toxic to Any ornament, decoration, tinsel, yarn, high blood pressure, tremors, heart ar- gested. Electrical cords should be cov-

(Healthy Pets, Continued on page 11)

Holiday Pet Supply Drive!

To Benefit



Drop off box located At 1234 Light Street Monday-Friday 9 AM -6 PM Saturday 9 AM -5 PM Sunday 10 AM-4 PM **Before December 31st!**

Have supplies to donate but

no way to get them here?

Call Cynthia Griffin, 410-446-5686

BARCS "Wish List." Donating the following items helps BARCS with the day-to-day care of the animals and supports BARCS operational needs.

Kennel Supplies

- Stainless Steel Bowls
- **Metal Dog Brushes**
- Cart with Wheels
- Standard Size Plastic Cat Carriers
- Assorted Sizes Choker Chains
- Litter-Clay absorbent-**Not** Clumping
- Stainless Steel Litter pans, standard size

- Scrub Shirts-All Sizes, Enrichment Supplies Standard Blue
- Dog & Cat Shampoo
- Shelving: Heavy-Duty, Large, Plastic or Stainless **Steel Shelves**
- **Watering Cans**
- **Purell Hand Sanitizer**
- Lint Rollers & Refills-Disposable Sticky Tape Rollers

- Blankets-All Sizes
- Dog Beds-Crates preferred-also some cloth beds to hold puppies
- Leashes: Chain Link and Regular
- Rugs: Kitchen Bathroom Size-**Washable Preferred**
- **Bath Towels**
- Dog Toys (Durable Only)
- Cat Toys (NO Catnip)
 - **Treats: Variety**

(Healthy Pets, Continued from page 10)

Safe Travel:

tification on your pet, including a local and once the recipients realized the im- items are always needed. phone number or your cell phone. Mi- pact of training a puppy, or the daily pected and it is always a good idea to mals for adoption in need of loving cussed above. have emergency needs for your pet read- homes. ily available.

Giving Pets As Gifts

Remember that there are thousands of In the spirit of giving during the holiday

MONETARY DONATIONS? PLEASE MAKE CHECKS PAYABLE TO BARCS!

For more information refer to:

http://www.baltimoreanimalshelter.org/donating/

Helping Pets in Need

animals in Shelters each year in the season, keep your local shelter and res-If you are traveling with your pet for the months following the holidays. Many of cue group in mind for a holiday donaholidays, make sure to have proper identhese animals were impulsive purchases, tion. Food, litter, towels and other

crochipping your pet is always the best routine of changing the litter box, they Best wishes to all for a happy and way to ensure its safe return. If you are decided to turn in their animals. If you healthy holiday season. Please don't traveling a long distance, make sure to do plan to give a pet to loved one for hesitate to contact my office with any bring plenty fresh food and water for Christmas, don't forget to stop by the questions. The following websites offer your pet. Holiday traffic jams can keep local animal shelters and rescue groups. accurate information on several pet you in the car much longer than ex- There are hundreds of wonderful ani- health issues including the topics dis-

> Animal Poison Control Center www.aspca.org/apcc



The Maryland House of Delegates

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SBIC Membership Application

It's dues renewal time! For just \$5 per person, you can become a member of the South Baltimore Improvement Committee, a non-profit 501(c)3 community organization. Your dues help SBIC promote and support a number of activities in the neighborhood, including youth events, social events, community clean-ups, public safety, beautification projects, newsletter printing and distribution, and donations to other local non-profits. All members must be residents of SBIC which is bounded by Light, Cross, Race, and McComas Streets.

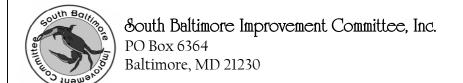
To become a member, please fill out and return this form with payment to: SBIC, PO Box 6364, Baltimore, MD 21230, or bring it to a General Membership meeting. Please do not mail cash.

Name 1 :		
Name 2:		
Street Address:		
	All dues are tax-deductible under Federal guidelines.	

Be Above the Fold

SoBoImCo is the first all-mailed newsletter on the South Baltimore peninsula, guaranteeing delivery to over 1900 households per month. We are currently seeking a premier advertiser for the mail face of the newsletter, which will include a 1/2 page ad and sponsorship label on the address side.

If you have a business that you'd like to promote with consistent, monthly delivery, please contact Julie at eastend-design@att.net or 410.547.7467 to discuss rates and terms.



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To Our Neighbors

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