

South Baltimore
Improvement
Committee, Inc.
PO Box 6364
Baltimore, MD 21230



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To Our Neighbors

BE ABOVE THE FOLD

SoBoImCo has just successfully launched the first all-mailed newsletter on the South Baltimore peninsula, guaranteeing delivery to over 1900 households per month. We are currently seeking a premier advertiser for the mail face of the newsletter, which will include a 1/2 page ad and sponsorship label on the address side.

If you have a business that you'd like to promote with consistent, monthly delivery, please contact Julie at eastend-design@att.net or 410.547.7467 to discuss rates and terms.

SBIC MEMBERSHIP APPLICATION

For just \$5 per person, you can become a member of the South Baltimore Improvement Committee, a non-profit 501(c)3 community organization. Your dues help SBIC promote and support a number of activities in the neighborhood, including youth events, social events, community clean-ups, public safety, beautification projects, newsletter printing and distribution, and donations to other local non-profits. All members must be residents of SBIC which is bounded by Light, Cross, Race, and McComas Streets.

To become a member, please fill out and return this form with payment to: SBIC, PO Box 6364, Baltimore, MD 21230, or bring it to a General Membership meeting. Please do not mail cash.

Name 1 : _____

Name 2: _____

Street Address: _____

Preferred Phone: _____

Email Address: _____

All dues are tax-deductible under Federal guidelines.

SoBoImCo

South Baltimore Improvement Committee • January 2007



PRESIDENT'S CORNER

By Marci DeVries

On December 18th, the Area 30 parking pass permit pickup was held at The Rowan Tree, a neighborhood bar owned by Ronnie Zimmerman of Ron Zimmerman Realty. The event was coordinated by Cynthia Griffin, the Area 30 and A parking representative, who is not a member of SBIC.

Since then, I have been contacted by a number of concerned neighbors that Mr. Zimmerman used that service and location to generate signatures on petitions that would create a new neighborhood association separate from the South Baltimore Improvement Committee, to extend his own liquor license, and to destroy one of our public parks for his business use.

This was a wildly inappropriate use of a community function, and I would like to assure the neighbors that this is not something the SBIC knew about in advance or endorsed in any way. These petitions are not part of the SBIC agenda, and we will do everything we can to keep the best interests of the residents upheld in our community.

In the light of this event, I would like to emphasize that it is more important than ever to participate in community groups. It is only through our community banding together that we can build the kind of communication and understanding needed to keep individuals from trying to run roughshod over the neighborhood.

We have written several letters to our city councilman, Ed Reisinger, as well as brought our neighbors together to build a strong contrasting voice to the petitions being signed at the parking event.

Together we will prevail.

GET OUT!

Fundraising Planning Meeting
Thursday, January 4th
6:00p.m.

Location TBD

See page 10 for more info.

Drop-in Crafts
Saturday, January 6th
10:00a.m.—12:00p.m.

Cylburn Arboretum

4915 Greenspring Avenue

Two nature craft projects will be available for children and their accompanying adult at the drop-in session at Cylburn Mansion. This event is free and open to the public. A small donation is encouraged. Call 410-396-7900 for more info.

100 Teapots 3
January 13th—February 25th

Baltimore Clayworks

5707 Smith Avenue

The third annual national juried exhibition of teapots, juried by noted NY studio potter, Julia Galloway. Call 410-578-1919 for more info.

Neighborhood Cleanup
Saturday, January 20th
8:00a.m.—

Corner of Light & Heath

Gloves, bags & brooms provided.

See page 4 for more info.

Area A Parking Permit Pickup
Monday, January 22nd
6:00p.m.—9:00p.m.

Olive Branch Good Shepherd UMC

5 W. Fort Avenue

See page 4 for more info.

Baltimore Boat Show
January 20th—28th

Baltimore Convention Center

Visit www.baltimoreboatshow.com for more information.

City offices will be closed on
Monday, January 1st, in observance
of New Year's Day

REMINDER:

No bottle/can recycling.

COMMUNITY MEETING

Next General Meeting:
Tuesday, January 2nd

7:30 p.m. at Olive Branch
United Methodist Church
(corner of S. Charles & Fort Ave.)

RECYCLING DAYS

Paper recycling is the 2nd & 4th
Fridays, January 12th & 26th.



Bottles, Cans & Jars is the 2nd & 4th
Mondays, January 8th & 22nd

All recycling collected streetside



SoBoImCo

SoBoImCo is a monthly production of the South Baltimore Improvement Committee, Inc. whose mission is "to encourage, through regular meetings, the formal exchange of ideas; to work with local law enforcement in promoting safety; and to assist individuals and families in the continuing process of neighborhood renewal." We welcome articles, ads and photo submissions via mail or email:

South Baltimore Improvement Committee
P.O. Box 6364
Baltimore, MD 21230
eastenddesign@att.net

We reserve the right to edit or reject submissions. Articles represent the opinions of the authors and not necessarily those of SoBoImCo. We believe all sources of information are reliable, however, we do not guarantee completeness or accuracy.

Membership

Residents of South Baltimore are encouraged to become members of SBIC. Just contact an SBIC officer for more information.

Meetings

Community meetings of SBIC are usually held on the first Tuesday of every month at 7:30 p.m. at the Olive Branch United Methodist Church located at the corner of Charles Street and Fort Avenue.

Website

www.soboimco.org

IN YOUR OWN BACKYARD

Prices take a dive Fridays After Five!



The National Aquarium in Baltimore and The Maryland Science Center have teamed up to bring you Fridays After Five. Now thru March 30, 2007, all basic Aquarium and Science Center admission tickets are \$8.00 for entry at 5 p.m. or later.

Fees may apply for special exhibits and shows.

Visit www.aqua.org or www.mdsci.org for details.



A NEW RASH FIELD PARK... AND AN UNDERGROUND PARKING FACILITY

By Donnie Fair

So reads the draft Request for Proposal as put forth by the Parking Authority of Baltimore City dated December 12, 2006 for a proposed parking garage to be built beneath Rash Field:

"The 2003 Inner Harbor Master Plan (IHMP) recommended that, if feasible, a parking facility be constructed below and concealed by a new Rash Field park, which would be raised to the elevation of Key Highway."

The draft RFP continues to specify that:

"The design must be world-class and worthy of praise for decades. Preserving and enhancing views to and from historic Federal Hill are of great importance. The challenge must be met to redesign Rash Field into a new vibrant park, while incorporating a viable underground fully-concealed parking facility.

The project must greatly enhance the open space and recreational experience of Rash Field, while providing much needed parking to the surrounding attractions and neighborhood."

Moreover, it promises that:

"The selected Design Team will be required to conduct no less than three (3) community stakeholder meetings. These meetings will be an opportunity for community members to share their ideas and concerns on the project. Each team should provide an appropriate approach to planning and implementing an inclusive community design process."

So far, the Parking Authority has NOT given SBIC a formal chair for representation at these meetings. If you think that SBIC SHOULD have formal recognition at these meetings, please contact your city councilman, Ed Reisinger,

(Rash Field Continued on page 7)



Coming to the
Church Of The Advent

1302 South Patapsco Street * Baltimore, Maryland * 21230

Every Tuesday Evening Starting January 9, 2007 @ 7:30pm

**Cash Prizes * Instant 's * Early Bird's
Progressive Jackpot * Specials * Food * Beverages**

For More Information Please Contact Ken Goss

Phone: 410.230.0437

Email: theadventbingo@verizon.net

(Puppies & Kittens Continued from page 9)

identification as well. Make sure the collars are adjusted as your pet gets bigger. There should be identification tags on the collar with your current address and phone number. Leashes for dogs should be about 6 feet long, this is a good length for training, and many leash laws specify this length.

Picking out toys for your pet is a lot of fun, but making sure the toys are safe is a must. Toys should be an appropriate size for your pet, they should be durable and not splinter, be torn apart, or swallowed. Animals should not be given "human items", such as clothes or shoes, as toys. Anytime an animal is given a chew toy, they should be directly supervised.

Grooming your pet can be a great bonding experience, in addition to keeping their hair coat looking great. There are different types of brushes made for different hair types and lengths. Brushing your pet on a regular basis is also a good way to keep an eye out for any skin problems, growths, or swellings on your pet's body.

For kittens you'll need to purchase litter boxes and litter. The general rule is that there should be one more litter box than the number of cats in the household. The litter should be scooped at least once daily, and the boxes emptied, cleaned, and refilled with new litter once weekly. Cats should also have access to a scratching post; scratching is a

normal behavior for cats. The scratching post should be sturdy and be tall enough for the cat to stretch out full length. A carrier is another must have for cats. The carrier should be large enough for an adult cat to stand up, turn around, and lay down comfortably, and should be well ventilated. Cats should be in a carrier anytime they leave the house to travel in the car, to the veterinarian, boarding facility, groomer, etc.

Crate training has become very popular for dogs. Crating your puppy is a good way to housetrain and prevent destructive behavior. For housetraining purposes the crate should be large enough for the dog to stand up, turn around, and lay down comfortably. For most puppies this will require a crate with an adjustable divider, or purchasing new crates as your puppy grows in size. The crate should not be used as a punishment. If properly crate trained, most dogs will come to view their crate as their own "den". The crate should be well ventilated, made of plastic or wire, easy to clean, and the openings should be small enough to not allow your puppy's head or paws to become stuck. The crate should be placed in an area where most of the household/family activity takes place. Make sure the puppy goes out to use the bathroom before and after being crated, and to not crate your dog for excessive lengths of time. This amount of time will depend on the age of your dog.

Depending on the age of your new puppy or kitten it is likely they will need to be seen by a veterinarian shortly after you get them. Most breeders, rescue groups, and shelters require an exam by a veterinarian within a certain number of days of adoption. The first visit to the veterinarian can make some animals and people nervous, and the amount of information relayed to you can be overwhelming. To make things proceed more smoothly you should bring any and all paperwork you were given when you got your pet. You should also bring a list of questions you have for the veterinary staff. And because most kittens and puppies have intestinal parasites you should bring a fresh stool sample to the appointment as well. You should plan on spending 30-45 minutes at the veterinary hospital for this first appointment. The veterinarian will discuss recommended vaccinations, deworming, heartworm preventative, and flea and tick preventative. Your puppy or kitten will likely have to return to the veterinarian for booster vaccinations, and eventually for spay or neuter. Make sure to ask your veterinarian about pet insurance and microchipping.

For more information on any of the above information ask your veterinarian or visit the websites listed below.
www.veterinarypartner.com
www.healthypet.com/index.aspx

MAKING MONEY

By Erika Haws

We have embarked on a campaign to bring in more advertisers to our monthly newsletter, which will create a win-win situation that generates revenue for our organization and lets new businesses make themselves known to the households in our area. As our funds increase, we as an organization can increase or neighborhood-improving initiatives and donate money to worthy organizations, while at the same time doing things that will strengthen our organization and the dissemination of our message via mailed newsletters, website improvements, etc. So, now more than ever, it is important for us to generate some revenue.

Since this task cannot be completed by one person, we need a group of interested people to assist in contacting local businesses for fundraising efforts, organization of fundraisers, and researching grant options. I will be meeting with anyone interested on January 4th 2007 at 6p.m..

As always, if there are any new ideas or interest in fundraising, please contact me via phone or e-mail.



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LOTS HAPPENINGS AT THE LIGHT STREET BRANCH LIBRARY

MOTHER GOOSE ON THE LOOSE

Wednesdays, 10:00 and 11:00am

An interactive movement and music program for parents or caregivers and children, birth through age 3. The 10:00 a.m. session is for non-walking children and the 11:00 a.m. session is for walking children. Please choose the session that best fits your needs. Call 410 396-1096 for more information.

ANIME ADVENTURES FOR TEENS

Wednesdays, 4 pm

Free Screenings of action-packed anime episodes.

JUST FLAKE IT!

Monday, January 8, 3:30 pm

Ages 6-12.

Listen to winter stories and poems and learn how to make a snowflake. Registration is required.

YA CAFÉ

Tuesday, January 9, 4pm

Ages 10-17.

Join the teen scene at Light Street. Have fun mingling, munching and playing games.

FRIENDS OF THE LIGHT STREET BRANCH

Thursday, January 11, 6:15 pm

Monthly meeting of the Friends. Come make a difference.

WE LOVE OUR CUSTOMERS

Wednesday, January 17

All ages.

Our customers come first! Stop in and enjoy refreshments and giveaways as we celebrate our customers on Customer Service Day.

WOMEN OF MYSTERY

Thursday, January 25, 7 pm

Get inside the minds of women mystery writers. A panel of authors from "Sisters in Crime" will talk about their trade. Book signing will follow the presentation.

SMALL BUSINESS CONNECTION

Monday, January 29, 7 pm

Come network with other small business owners while Naomi Hafter, a Business Information Librarian from Pratt Central, discusses a variety of topics including industry trends and competition and demographics.

Call 410-396-1096 to register for all programs



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Just Listed—Brand New Gorgeous 3 BR, 3.5 BA townhome in Federal Hill!

Walk in & discover a spacious living room w/ recessed lighting, cherry hwd floors, exposed brick & a stained glass transom. Beautiful stained wood staircases w/ custom wrought iron railings throughout. Large eat-in kitchen w/ ss appliances, cherry cabinets, granite counter tops, ceiling fan & recessed lights. French doors lead to a private patio. Lower level is perfect for a family room, home office, or fourth bedroom. Bathrooms all include ceramic tile & granite vanities. All 3 bedrooms offer recessed lights, ceiling fan, closet space, carpet, large windows with crown molding & custom wood blinds. Wet bar area services the third floor sitting area & the two-tiered deck. Upper deck & lower deck offer steel staircase, vinyl railing & PVC rolled decking which makes this exterior space nearly maintenance free. Rooftop deck has amazing city views.

205 E. Fort Avenue \$419,000

Steven Murphy • Jim Gunsiorowski • Beth Leety • Jeff Washo
410-468-4605 or 410-727-4644

Federal Hill Office

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stevenmurphyrealestateteam.longandfoster.net



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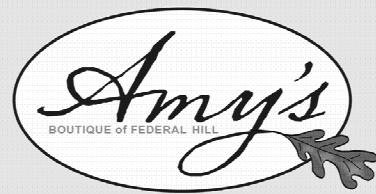
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SANITATION & BEAUTIFICATION

By Amy Mutch

Happy 2007!! May the New Year bring good tidings from the sanitation/beautification committee.

Our winter/spring schedule for cleanups are as follows:

Saturday, January 20th
at the corner of Light and Heath

Saturday, February 24th
at the corner of Fort and Charles

Saturday, March 24th
at the corner of Light and Heath

Saturday, April 28th
at the corner of fort and Charles

Please mark your calendars NOW. The dumpster is available for personal use (excluding construction debris). Yes you can clean up that basement or back yard that is collecting worn out holiday decorations, broken chairs, fans, bikes beyond repair etc!! We even have a traveling dump truck, thanks to Steve, that will gladly come to your home at your request. ARE YOU SPOILED OR WHAT!? That's because we love our neighborhood!

AREA A PARKING PERMIT PICKUP

Area A Parking Permit renewals are now available online at www.baltimoreprefparking.com, and will be available for pickup on

**January 22, 2006
6:00p.m.—9:00p.m.**

**Olive Branch Good Shepherd UMC
Corner of Fort Avenue & S. Charles Street**

Vehicles must be registered to the address requesting the permit, and proof of registration is required.

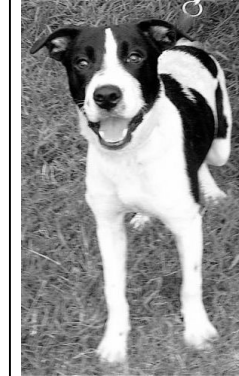
After January 24, permits will be available for renewal and pickup at the Parking Authority offices, located at 200 West Lombard Street. The offices are open Monday—Friday, 8:00p.m.—5:00p.m., the phone number is 443.573.2800, and validated parking is available in the parking garage at Lombard and Howard.



Baltimore Animal Rescue and Care Shelter, Inc.

301 Stockholm Street, Baltimore, Maryland 21230

BaltimoreAnimalShelter.org

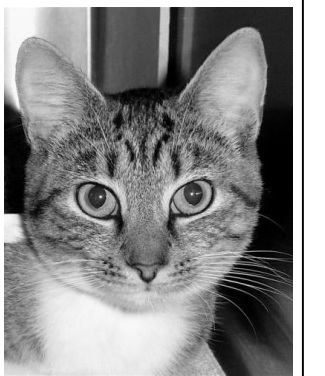


Bingo
Pointer/Lab Mix
Kennel #17

Bingo is a handsome pup who is learning sit on cue and is gentle when taking treats. He is attentive and will be fun to train even more. Fun dog! Already neutered so he can go home today!

1 year old and 39 lbs as of arrival date. Brought to the shelter 11/15 because his family could no longer care for him.

Keesha
Brown Tabby
Lobby Kennel #4



Keesha is an outgoing little girl who loves to play. Batting at string and reaching out through her kennel to you are some of her hobbies.

8 months old and 5.5 lbs as of arrival date. Brought to the shelter on 10/3 after losing her way home.

**To learn how to adopt these orphans, stop by BARCS at 301 Stockholm St , phone 410-396-4688
or visit www.BaltimoreAnimalShelter.org**

CARING FOR NEW PUPPIES & KITTENS

By Jill Shook, DVM, jssdvm@aol.com

Having a new puppy or kitten is very exciting, but can also be a little overwhelming. There is so much information available and a lot to learn about having a pet. There are several good sources of information including your veterinarian, reputable websites, trainers, and other friends who have pets. Patience, consistency, and developing a routine for your new companion are very important.

It is important to make sure you have all the basic supplies you need for your new addition. There should be separate food and water bowls, which should be kept clean, and should preferably be made of stainless steel. Food and water bowls should have a wide base and rubber rims to prevent tipping and slipping. Fresh water should be readily available to pets at all times.

All puppies should have collars and leashes. If your kitten is going to be outside at all they should have collars with
(Puppies & Kittens Continued on page 11)

THIRD THURSDAY

The Southern District Police Community Relations Council meets the third Thursday of every month. It is a non-profit organization designed to improve communication and understanding between the police department and residents. Come by and listen to the *Southern District Update* with Major Eric Jordan & Deputy Major Michael McDonald.

This month's meeting is scheduled for **January 28th, 2007 at 7:00 PM** at the Southern District Police Station, 10 Cherry Hill Rd.

Agenda to be announced

Visit www.sdpcrc.org for more information.

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CITIZENS ON PATROL

Are you worried about crime in the neighborhood? You can change things by getting together with neighbors who share your worries. Anyone and everyone can take the most basic actions, like reporting suspicious behavior or crimes in progress to the police. Whatever the contribution of time, energy, talent, and resources you can make, small or large, it will help! Citizens on Patrol (COP) is just one way you can help in making our streets smarter and safer. Take a stand and help protect your neighborhood!

Please visit the Southern District Police Community Relations Council website for the latest COP scheduled updates (www.sdpcrc.org), or call Sharron McCulloch at 410-659-5159.

Citizens On Patrol Schedule

FEDERAL HILL

Monday, January 8th at 7pm
*Meet at Porter's Pub,
E. Cross St. & Riverside Ave.*

RIVERSIDE/SBIC

Tuesday, January 9th at 7pm
*Meet at the Riverside Park gazebo;
400 blk of Randall St. & Riverside Ave.*

LAKELAND

Wednesday, January 10th at 7pm
*Meet at the Lakeland Recreation Center,
2921 Stranden Rd. & Wegworth Lane.*

RIVERSIDE/SBIC

Tuesday, January 23rd at 7pm
*Meet at the Riverside Park gazebo;
400 blk of Randall St. & Riverside Ave.*

PIGTOWN

Wednesday, January 24th at 7pm
*Meet at The Bath House,
904 Washington Blvd.*

BROOKLYN

Thursday, January 25th at 7pm
*Meet at The Hargrove District Courthouse,
700 E. Patapsco Ave.*

LAKELAND

Tuesday, February 7th at 7pm
*Meet at the Lakeland Recreation Center,
2921 Stranden Rd. & Wegworth Lane.*

B.U.L.B. - BALTIMORE URBAN LIGHTING BOARD

Created to ensure the adequacy of lighting in Baltimore City Neighborhoods

Established by the City Council in February 2001, the **Baltimore Urban Lighting Board (BULB)** is working to meet the lighting needs and expectations of city communities. Comprised of eleven members, **BULB** includes members of the City Council, representatives from a variety of city agencies, city residents and members of the business community. The board will hold numerous public hearings in order to address community lighting concerns and to obtain input from area residents.

As public street lighting has proven to be a key factor in the urban environment, it is the mission of **BULB** to investigate the adequacy of lighting in Baltimore's neighborhoods to:

- **Ensure** that all communities have sufficient lighting to promote citizen safety.
- **Assure** safe passage on city streets, sidewalks and alleys
- **Discourage** criminal activity attracted to area businesses
- **Employ** state of the art technology to achieve adequate lighting at a reasonable cost.
- **Prevent** excessive light spillover into neighborhood residences from adjacent commercial areas

When evaluating the lighting needs for the city, **BULB** will recognize the diversity of city neighborhoods and will make lighting recommendations based on community needs, which will include strategic lighting for historical properties. The board will also address environmental issues associated with urban lighting, including light pollution and the greenhouse effect.

To effectively address the lighting needs of the city, it is important that citizens, communities, businesses and government develop a working partnership to better identify the lighting needs of our communities. We would appreciate your questions, comments or inquiries pertaining to you lighting concerns.

For further information, please contact us at: 410-396-1686
Or by email at: BULB@baltimorecity.gov

For street lighting concerns and outages, please call
311 "Your call to City Hall"

LET'S LIGHT UP SOUTH BALTIMORE

Don't be kept in the dark! Let's help deter crime and loitering at night, by lighting up our streets. By turning your outside lights on overnight (both front and back porch lights), you are helping to protect yourselves, your neighbors, and your house. Criminal elements in the neighborhood thrive on dim or poorly lit areas to conduct their crimes. If you see a public street light out, please call 311 to report the location of the lamp post ASAP!

BOCCE BALL COURT SAFE & WELL

Have no fear, the Bocce Ball Court at the corner of S. Charles and Heath Streets is in no danger of being paved over for a parking lot. In spite of a recent petition attempt by a neighboring bar owner to acquire the lot for private parking, the lot is safely within the jurisdiction of the Baltimore City Parks and Recreation Department, and SBIC has an ongoing contract with the City to keep the lot maintained as precious green space for the community.

If you enjoy the green spaces that the neighborhood has to offer, we urge you to join us in keeping our parks clean. Please take a few minutes of time regularly to pick up trash, pull weeds, or perform any other maintenance that you see needed.



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46TH LEGISLATIVE DISTRICT

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Email: peter_hammen@house.state.md.us

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410-841-3772

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410-342-3142



The Maryland House of Delegates

BRIAN K. McHALE
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Annapolis, MD 21401
410-841-3319

Baltimore Office
801 Light Street, 2ND Floor
Baltimore, Maryland 21230
410-244-8404

Brian_McHale@house.state.md.us

WINTER Happy Holidays from **MY FLOWER BOX**

Whether it's a centerpiece, wreath, holiday greens, party essentials, holiday cards, ornaments, or a last minute gift you can find everything you need for your holiday affair at My Flower Box. If you place your holiday orders prior to December 10th, 2006 and mention this ad when you place your order, you will receive an additional 10% off.

Come see Santa on December 9 and December 16 from 12-4.

1211 S. Charles St.
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(410) 244-8890
Monday - Saturday 10am-6pm
www.myflowerboxonline.com

SOCIAL COMMITTEE

By Ugur Erickson

Holiday season is something to look forward to every year. The Christmas decorations and the colorful lights in the neighborhood, the soothing music in the stores in which we shop brings us joy and happiness. I hope everybody had a great holiday season with family and friends.

SBIC celebrated the holidays by having two parties in our neighborhood. The first one was a potluck dinner that took place at the United Methodist Church, where the general meetings are held. The best part of this party was the donations of children's gifts and adult items that children can give to their parents collected for Paul's place in Washington Village. I want to thank all of you for your gifts, and especially Julie Tice who arranged everything with Paul's Place. It feels good to know that we may have helped some kids have a more enjoyable Christmas.

The second party was on December 19, at Fort Charles Pub. Now I know why people say, 'there is nothing like a good old pub in the neighborhood'. Not only did the owners of the Fort Charles Pub welcome the idea of having the social at their establishment, they also were quite generous providing an excellent buffet. The place was decorated so nicely that it really felt like Christmas. I know for sure that I would like to have another social there, and if you have never been there, I encourage you go and experience this good South Baltimore Pub.

Please keep an eye for upcoming SBIC socials, and come out and have a great time with your neighbors. If you have any suggestions on where or what we could do, please feel free to contact me.

Happy New Year!!!



PARKING UPDATE

By Cynthia Griffin, area30parking@gmail.com

Visitor Permit abuse is a problem throughout the City, including AREAS 30 & A. The abuse means that residents who are using permits properly are denied parking by those who do not.

As of November 7th 2006, parking permit abuse is now a crime in the City of Baltimore. This new law provides penalties for abusers, including car booting, fines up to \$1,000, and imprisonment. Both the person misusing the permit and the person who provided the permit are now subject to prosecution.

Please be aware of the conditions for Visitor Permit use printed on the back of the permit. In particular:

Visitor Permits are intended ONLY for use by VISITORS to the residence to whom this permit has been issued, ***specifically, NOT for Raven and/or Orioles games.***

The most common Visitor Permit abuse in AREAS 30 & A is the use of the permits by non-AREA 30 & A resi-

dents who have obtained them to park near the Stadiums for their convenience while attending games. Fortunately, these abusers and those who gave them the permits will be the easiest to identify and prosecute.

Unfortunately the only alternative would be to do away with Visitor Passes, as is done in other areas, but this would be unfair to those who truly need and use them correctly.

If you observe what you believe is Visitor Permit abuse, please contact Cynthia Griffin, AREA 30 Parking Representative, at (410) 446-5686, or via email at area30parking@gmail.com.

Residents of AREAS 30 & A have gone long enough without adequate parking because of Visitor Permit abuse. We hope that the new law will finally allow us to adequately address this problem. AREAS 30 & A will actively work with residents and the City to see that this happens.

B'MORE GREEN

By Nicole Killion, RN, bmoregreen@yahoo.com

It's cold season again and whether or not you got the flu shot this year, you may still wake up feeling sick one morning. Instead of forcing yourself to go to work (and getting the rest of your co-workers sick), do yourself a favor and stay home. And I don't mean stay home and run errands. I mean stay home, in bed, resting and sleeping. Take lots of vitamin C and drink plenty of water. And of course, take your "Jewish penicillin."

"Jewish penicillin" is actually chicken broth. Chicken broth was used for centuries to treat colds and upper respiratory infections and many a Jewish mom still make it when their children come down with a cold. Studies have confirmed that chicken broth is anti-inflammatory (inhibits neutrophil migration) thereby easing symptoms of stuffy nose and sore throat. The gelatin in chicken broth aids in digestion and repairs the lining of the small intestine mucosa. It's also a wonderful comfort food. But you don't have to be sick to benefit from chicken broth. You can cook with it year round as it is wonderfully nutritious.

Chicken Stock (from *Nourishing Traditions* by Sally Fallon)

1 whole chicken (preferably organic), including bony parts such as neck, back, wings, etc
gizzards (optional)
chicken feet (optional- provide tons of gelatin)
4 quarts cold water

2 Tb vinegar
1 large onion, coarsely chopped
2 carrots, peeled and coarsely chopped
3 celery sticks, coarsely chopped
1 bunch parsley

Cut chicken into several pieces, remove gizzards from the cavity, and place in a large pot with water, vinegar, and all vegetables except parsley. Let stand for 30 minutes to 1 hour (the vinegar will leach the minerals out of the bones). Bring to a boil and remove scum that rises to the top. Reduce heat, cover and simmer for 6-24 hours (you can leave it in a crock pot on the lowest setting while you go to work). The longer you cook the stock, the richer and more flavorful it will be. About 10 minutes before finishing the stock, add parsley (this will add additional minerals). Remove chicken pieces and let cool. Remove chicken meat and use in chicken salad, enchiladas, soup, etc. Strain the broth into a large non-plastic bowl. To remove the fat you can either use a paper towel (skimming off the top) or put the bowl in the refrigerator and remove the congealed fat the next day. You can add noodles and/or the chicken meat for the "Jewish penicillin" or you can store the stock for use in other recipes. You can store the stock in the fridge for about 5 days and in the freezer for several months.

Wishing you good health in 2007!

DESIGN REVIEW

By Steve Zaleskiwicz

The Baltimore City Planning Commission held a meeting on December 7th to review the Comprehensive Rezoning Plan proposed by the Planning Department. The Planning Commission approved the rezoning plan by a narrow 4-3 margin, in spite of objections from the community regarding the plan's proposal to keep industrial use in the 1800 & 1900 blocks of South Hanover Street (Billy & Jeff's and Middleton & Meads). The other properties immediately affected include 2 E. Wells St. (McCall's), which was approved to be rezoned to R-8, as requested by the development team for that site, and 1834 S. Charles Street (Maryland Glass & Mirror), which was approved to be rezoned to B-1, though the development team requested B-2. Green Door Properties, the developer of the properties requesting rezoning, will be continuing to work with the City and the community on new proposals that will satisfy the Planning Departments criteria.

The Design Review Committee met with Mr. Jake Ruppert of Ruppert Homes, to discuss his proposal for redeveloping 1100 S. Charles St (Cross St. Automotive). His proposal includes eight new four-story townhouses with off-street parking, four of which will front S. Charles Street and have ground floor office/retail space, and four that will front Cross Street. The DRC feels this development is consistent with the character of the South Baltimore Business District and the rest of the neighborhood, and would be a welcome addition to the streetscape.

NEW PLANS FOR PARK AT LIGHT & HEATH STREETS

By Donnie Fair,
dfair@capitalsource.com

The Sanitation & Beautification Committee asks for your feedback in the development of a revitalization plan for the sitting park at the corner of Light and Heath Streets. Work has already been completed to make this space more "user friendly" and we are looking forward to neighbors using and taking an interest in the park. The Committee expects to be able to draft an executable plan by February with a completion date to be determined. Again, this Committee is open to the public and responsive to the input of the community.

Please contact Donnie Fair at dfair@capitalsource.com or Amy Mutch at amyemutch@yahoo.com to play a part in how this park is transformed.

(Rash Field Continued from page 2)

at ereisinger@baltimorecitycouncil.com or (410) 396-4822 and let him know that you want your community association to be represented to address the concerns you have.

This project, which would be taxpayer-funded, is surrounded with no small amount of controversy. This controversy alleges that the parking needs of the abutting Ritz-Carlton Residences is driving this project; the Ritz-Carlton has only 180 "shared" parking spaces. Originally, they were required to have 800 parking spaces. This drastic reduction in their requirement to provide their own parking was approved by Otis Rolley, Director of Department of Planning, through a "minor" design change and an Amendment to the original respective PUD (Planned Unit Development) Ordinance. Ritz-Carlton is expected to price their 174 Residences at between \$1 million and \$5 million each.

If you are concerned about the decisions being made for you by the Parking Authority, or if you would like more information, or for a copy of the draft Request for Proposal from the Parking Authority, please contact Donnie Fair at SBICparking@gmail.com.



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